

*The day is yours, and yours also the night;  
you established the sun and moon. It was  
you who set all the boundaries of  
the earth; you made both summer  
and winter.*

*Psalm 74:16-17*

# Summertime in the Psalms



# ABOUT PSALMS

**The word Psalm simply means song**

**Psalms is Israel's hymnal**

**It is a collection of poems and worship songs**

**The purpose of the Psalms is to remind us that true worship is an important part of being a follower**

**It is full of praise, worship, adoration, repentance, frustration, confusion, longing, and whatever else people felt comfortable pouring out of their heart to God.**



# WHO WROTE PSALMS?

**There is no single author for the Psalms**

**David is listed as the author of 73 psalms**

**A man named Asaph wrote 12 Psalms**

**Other Psalms were written by Solomon, Heman the Ezrahite, Ethan the Ezrahite, and even Moses**

## ANONYMOUS

**Many people think that Ezra or some other Jewish leaders compiled the Psalms into their existing order during the period after the exile**



# PSALM 1

**Finding the Blessed Life**

**Psalms is Israel's hymnal**

**We want our lives to be happy and blessed**

**The right job -- A good diet -- Relaxing vacation**

**Loving partner -- Fun hobbies**

**We are simply overwhelmed  
by all the possible choices.**



# **FINDING A BLESSED LIFE**

**Our lives are characterized by making choices  
and choosing paths**

**Try them for a little while**

**Then either we don't see results, or we lose patience**

**Then we move on to a new track**

**Somehow, happy and blessed just never  
seems to find me**



# **A BLESSED GUARNATEE**

**What if I told you I know of a path that would guarantee you a life of fruitfulness and fulfillment.**

**But that is not the case, as this is precisely where the book of Psalms starts**

**It begins with the staggering claim that such a life awaits the blessed individual**





Summertime  
in the  
Psalms

**BECOMING A  
BLESSED PERSON**

# THE BLESSED PERSON REJECTS

***Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers***

Rejecting Bad Ideas: ***“Counsel of the wicked”***

**v. 1**

Rejecting Bad Actions: ***“Path of sinners”***

Rejecting Bad Company: ***“Seat of scoffers”***



# **THE BLESSED PERSON REJECTS**

***But whose delight is in the law of the Lord, and who meditates on his law, day and night.***

**v. 2**

## **Guided by God's Word**

**The blessed person knows they don't have all the answers**

**They know God is the source of life and joy and are eager to be guided by God**

## **Consumed by God's Word**



# **THE BLESSED PERSON REJECTS**

***But whose delight is in the law of the Lord, and who meditates on his law, day and night.***

**v. 2**

## **Consumed by God's Word**

**Following these commands force us to do the things that will bring us joy in the long run**

**The only way we will learn what God commands and be motivated to live it out is by filling ourselves with His word**



# THE BLESSED PERSON DESCRIBED

*That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither— whatever they do prospers.*

**Fruitful:** *“Brings forth its fruit in season”*

**v. 3**

**Fulfilled:** *“Leaf does not wither”*

**Effective:** *“In whatever he does, he prospers”*



# THE UNBLESSED PERSON

***Not so the wicked! They are like chaff that the wind blows away. Therefore, the wicked will not stand in the judgment, nor sinners in the assembly of the righteous. For the Lord watches over the way of the righteous, but the way of the wicked leads to destruction.***

**Rootless: *“Like chaff”***

**v. 4-6**

**Defenseless: *“Will not stand in the judgment”***

**People-less: *“Nor in the assembly of the righteous”***

**Lifeless: *“The way of the wicked will perish”***



# CHOOSING BLESSED

***This day I call the heavens and the earth as witnesses against you that I have set before you life and death, blessings and curses. Now choose life, so that you and your children may live***

***Deuteronomy 30:19***

**Seek Happiness by Seeking God**

**Seek God by Studying His Word**

**Study God's Word by Just Doing it**



# BE BLESSED

As you fill your life  
with Him you can  
absolutely expect  
to be blessed

Summertime  
in the  
Psalms

