



Yet to all who did receive him, to those who believed in his name, he gave the right to become children of God— 13 children born not of natural descent, nor of human decision or a husband's will, but born of God.



John 1:12-13



Defined: An unpleasant emotion caused by the belief that someone or something is dangerous, likely to cause pain, or a threat.



does not get you to stop believing it gets you to believe differently





It focuses on the unpleasant It makes us sense danger





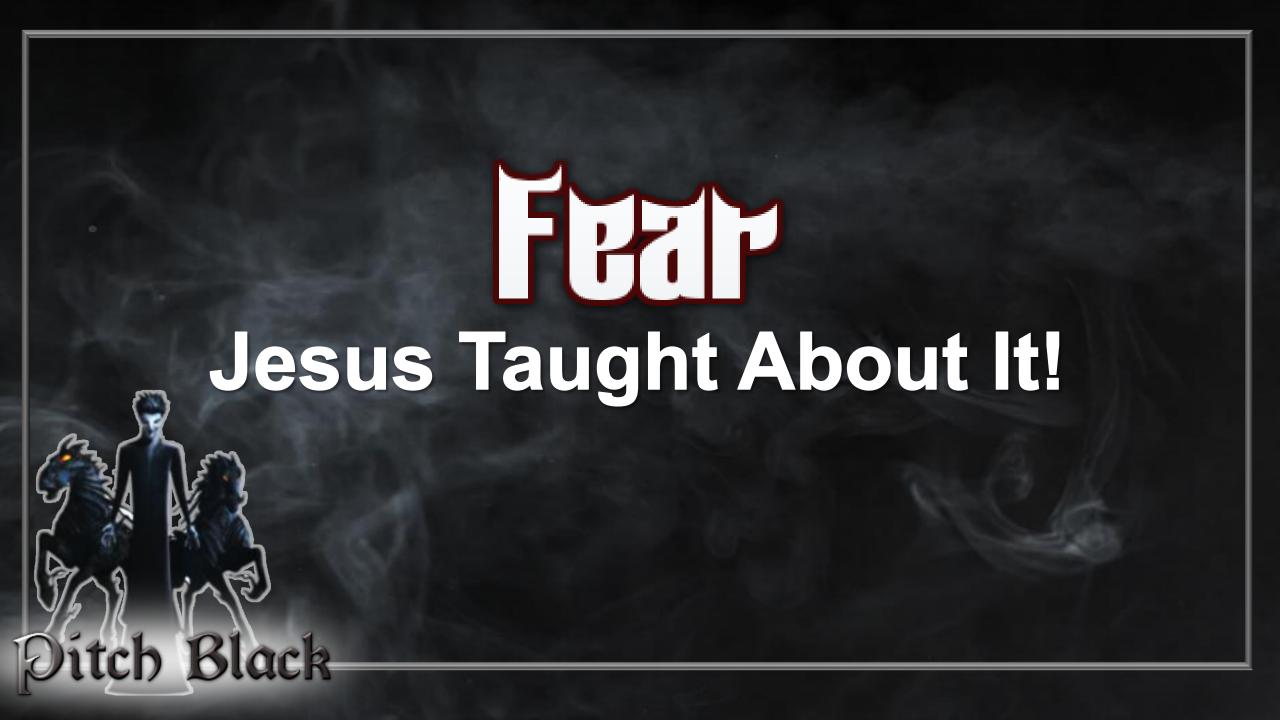
It focuses on the unpleasant
It makes us sense danger
It causes us to avoid things
because we think
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It focuses on the unpleasant It makes us sense danger It causes us to avoid things because we think we are going to get hurt It makes us see threats











manifest outwardly but its really an internal issue

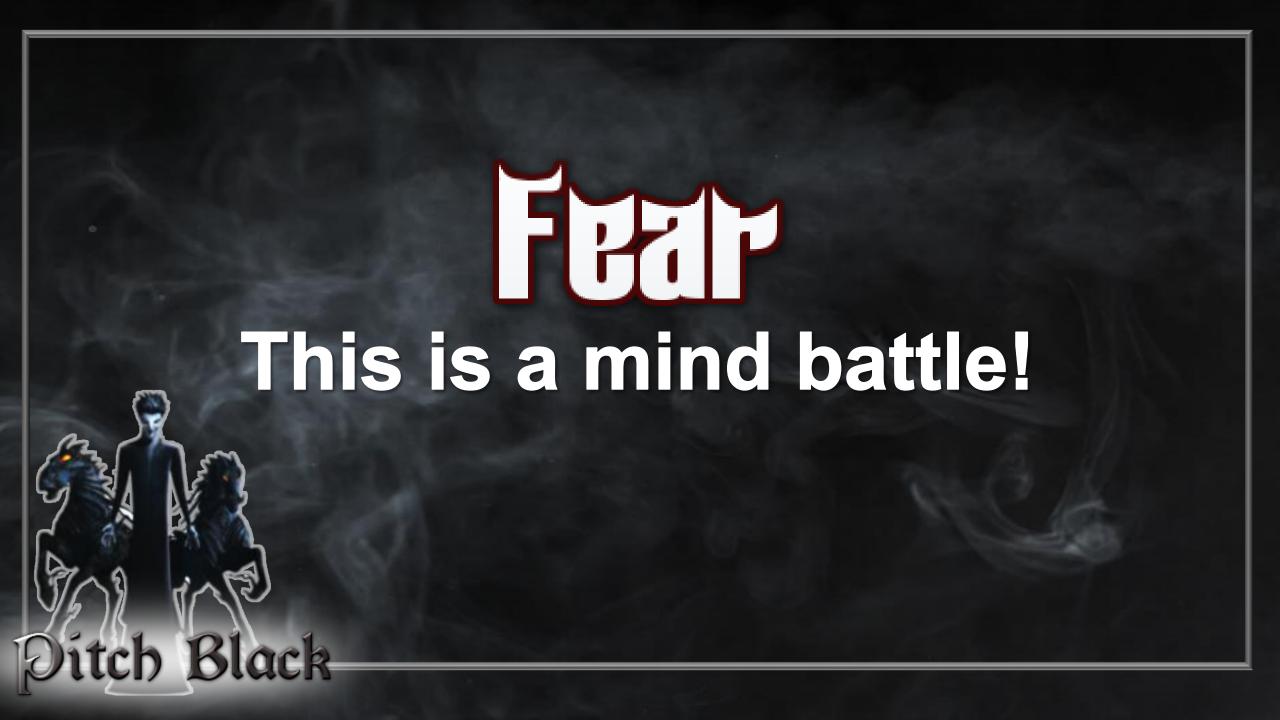


allow one's mind to dwell on difficulty or troubles



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nervousness, typically about an imminent event or something with an uncertain outcome.





Battle of the Mind

For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.



Ephesians 6:12

Fear is short sighted

What you will eat or drink; or about your body, what you will wear.



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We are a people that only thinks about today



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Fear is short sighted

We are a people that only thinks about today

We are a people that left to our own desire only concern ourselves with us

We are a people that are focused on the here and now

Fear is a direct result of misdirected faith

Matthew 6:28-32

Questions

Are you not much more valuable than they? Is not life more than food, and the body more than clothes?

Can any one of you by worrying add a single hour to your life?

Why do you worry about clothes?

If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you— you of little faith?

What are you placing your faith in?



Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them.



FUWEFS

See how the flowers of the field grow. They do not labor or spin. Yet I tell you that not even Solomon in all his splendor was dressed like one of these.



FEET MIL

I have plenty



FEET NIT

I have plenty

I have not forgotten you



Fed Nut

I have plenty

I have not forgotten you

I am in control if you let me



For the pagans run after all these things, and your heavenly Father knows that you need them.



In Jesus' opinion fear that creates worry comes from us not believing God will come through



And since we are afraid God is going to let us down, we take it upon ourselves

Stopping Fear is about Knowing God

But seek first his kingdom and his righteousness, and all these things will be given to you as well. Therefore, do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

v. 33-34

Focus my thoughts not on This Life but on Life

Jesus answered, "I am the way and the truth and the life. No one comes to the Father except through me.

John 14:6

